



## **Relationship Archetypes Quiz**

*Assessing Your Personal Love Style*

Discover your relationship archetype by answering the following questions. Choose the option that best describes your typical behavior in relationships.

1. **When faced with a conflict in your relationship, you:**
    - a. Try to soothe your partner and resolve the issue quickly.
    - b. Seek to understand the root cause and explore all options.
    - c. Focus on finding a long-term solution that aligns with your future goals.
  
  2. What do you value most in a partner?
    - a. Emotional support and nurturing.
    - b. Adventure and shared experiences.
    - c. Vision and shared aspirations for the future.
  
  3. How do you usually express love?
    - a. Through acts of kindness and care.
    - b. By creating exciting and new experiences together.
    - c. By discussing plans and dreams for the future.
  
  4. What is your biggest relationship challenge?
    - a. Overextending yourself to meet your partner's needs.
    - b. Struggling to settle down and commit.
    - c. Getting too focused on future goals and neglecting the present.
  
  5. How do you handle emotional intimacy?
    - a. You provide comfort and reassurance to your partner.
    - b. You embrace emotional depth but also crave freedom.
    - c. You connect deeply when discussing future visions and aspirations.
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## Scoring Your Responses:

**Mostly A's:** You're likely a **Nurturer** - Your strength lies in your compassion and support, but remember to care for yourself too.

**Mostly B's:** You're likely an **Explorer** - Your adventurous spirit keeps relationships exciting, but commitment might need more focus.

**Mostly C's:** You are likely a **Visionary** - Your ambitious nature drives your relationships forward, but grounding yourself in the present can enhance your connections.

## Embracing Your Archetype

Once you've identified your archetype, use this knowledge to cultivate healthier, more fulfilling relationships. Each archetype has its unique beauty and areas for growth. By embracing who you are, you open the door to more authentic and meaningful connections.

Remember, your archetype is not a fixed label but a dynamic part of your relational identity. As you grow and evolve, so will your relationships. Use your archetype as a mirror to reflect your inner world and as a map to guide your love journey.

In my coaching sessions, we delve deep into these archetypes, helping clients like you unlock the wisdom within their relational patterns. If you're ready to discover your archetype and transform your love life, let's embark on this journey together.

[Click here](#) now for your complimentary 60-minute Discovery Session to get started.